



# Foley

RECREATION

## 2020 Soccer Rules



### 9U Rules

1. Girls will play 5v5 and 9U Boys will play 7v7.
2. Shin guards & cleats (rubber soled, no metal) are to be worn at all times.
3. Play two 25 min halves with a 5 minute half-time.
4. **Kick-off:** Beginning of game, restarts after goal has been scored, and after half will be performed at mid-field.
5. **The Build Out Line** (dashed line) will be used to move kids behind line when goal kick is in effect. The opposing team cannot cross the line until the pass-in touches a teammate. If the opposing team touches the ball, then the attacking team will restart the kick. Player performing goal kick will perform kick on goal line and is allowed 3 attempts. If struggling to get ball over the line, the coach can decide to swap players but must give the player at least 2 attempts. If the player does not cross the line on the 3rd attempt, then an indirect will be given to the opposing team. Total attempted kicks does not include restarts from opposing team touching the ball before the defending team.
6. A goal-kick is no longer required to leave the penalty area before a teammate touches the ball, meaning the goal keeper can pass the ball to a teammate in his/her goal box. Opponents cannot attack until 2nd touch is made.
7. No punting permitted. Goalie will roll the ball out or kick off ground.
8. Swap sides of the field at half time.
9. **Throw-ins.** During the month of September, if an illegal throw-in is performed, the referee will instruct the player on the error and give player another chance to throw the ball in. If a second illegal throw-in is performed, control of the ball will be given to the opposing team. During the month of October, an illegal throw in will result in control of the ball being given to the opposing team without a second opportunity.
10. Opponents must be at least 2 feet from the point on the touchline where a throw-in is to be taken.
11. **Handballs.** If a player intentionally uses hands to gain advantage call the foul. If not intentional continue with play. Direct kicks are awarded for all intentional hand balls and fouls.

**12. Penalty kicks use FIFA Laws/Rules.**

- a. Goalkeepers may now come slightly closer while defending a penalty, only required to have one foot on the goal line instead of required to stand completely on it.
- b. An attacker who required medical treatment may now be allowed to take a penalty once treatment is concluded.

**13. Free Kicks:**

- a. During a free-kick – direct or indirect – the attacking team may NOT have a player within one yard of the wall. If they do, the referee can penalize the attacking team with a free-kick in the other direction.
- b. PK- only allowed if foul committed inside of penalty box area.
- c. There are no quick free kicks.

**14. Drop Ball:** A drop ball will now be awarded if a ball strikes a referee and falls in possession of the opposition side, or if the ball strikes the referee and ends up in the back of the net. Drop balls can no longer be contested. However, along with that, drop balls can be taken by an attacking team wherever they possessed the ball when play was stopped, meaning an attacking team can continue from the point at which the attack was stopped.

- a. Any play stopped in the penalty area will be returned to the goalkeeper no matter who possessed the ball at the stoppage.

**15. Offside is in effect.** We will continue to utilize a one-two referee system (depends on availability) and the referee will call clear and obvious offside infractions. Very close potential offside situations will be considered onside unless the referee has a good vantage point to make the call.

**16.** Goals cannot be scored from kick-off.

**17.** Goalkeeper cannot score by throwing the ball into the opponents' goal

**18. No headers.** Any purposeful or accidental headers will be considered a foul and will award the opposing team with an indirect kick. All headers will result in an indirect kick outside of the box or where the header occurred. No PK's are awarded. PK's are considered direct kicks and should be reserved for handballs and fouls.

**19.** No slide tackling.

**20.** Substitute (UNLIMITED) at referee's discretion. Any substitute must leave the field of play at the nearest sideline point, unless the referee determines they can quickly make his way back to the team's designated touchline area.

**21.** All fouls will be IAW FIFA Laws/Rules.

**22. Mercy Rule:** If a team has a significant lead, the coach is encouraged to substitute players to avoid the mercy rule. If a team is ahead by 10 points or more after the 1<sup>st</sup> half, a mercy rule will be declared and the game shall end.

**23. Game Forfeiture:** Is declared if a coach or team refuses to start or restart game, and if a team is unable to field two less players than the number indicated to be on the field within 10 minutes after the scheduled starting time.

**24. COVID-19 Safety:**

- a. ALL players and coaches must practice social distancing when possible.
- b. Avoid activities that involve high levels of group interaction (i.e. team huddles, single lines).
- c. Avoid general physical interaction such as hugging, high-fives, fist pumps, or passing objects by hand.
- d. Avoid sharing personal equipment, water bottles, etc.
- e. Wash and sanitize hands often. (See sanitization guide below)
- f. Avoid spitting, sneezing, coughing into air or on ground. Cover mouth and nose with bent elbow or tissue.
- g. Wash and sanitize all gear after each session. (See sanitization guide below)
- h. For individuals who have tested positive for COVID-19, must have written confirmation of COVID-19 negative status and clearance ONLY from your physician in order to return to full participation in sport & activity.
- i. All participants (coaches, parents, spectators, players, referees) are required to wear new or clean PPE upon arrival, departure and when not physically active during activities. PPE should cover the nose and mouth, be breathable, consist of cotton or wick-type material and follow the CDC guidelines.
  - Children 7 and under are not required to wear masks.
- j. No team coolers for drinks or any items to share with others such as after game snacks.
- k. All COVID cases will be handled on a case-by-case basis and appropriate actions will be determined by the recreation department in compliance with the CDC guidelines.

## **25. Hand Sanitization Guide**

- a. Wash your hands thoroughly using clean, running water with soap for a minimum of 20 seconds. Make sure to lather the backs of your hands, between your fingers, and under your nails.
- b. You can use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

## **26. Equipment Cleaning Method**

- a. Dish soap and water can be used to thoroughly clean equipment such as a soccer ball. Clorox Disinfecting Wipes and Lysol can also be used as a disinfectants.

### **Example:**

1. Add 1 tablespoon of mild dish soap into a 1-gallon container.
2. Fill bucket with warm water, until a soapy mixture is formed.
3. Wet a first towel with the solution, wring out excess water, and gently wipe down entire product surface for at least 30 seconds.
4. Re-wet towel with plain warm water, wring out excess water, and wipe off excess soap from ball surface.
5. Rub a second, dry towel on the surface to wipe and dry off. 6. Let product air out overnight.