



Foley Senior Center
 304 E. Rose Ave
 Foley, AL 36535
 251-943-1877



Dear Friends,

April was a beautiful month and I hope you were able to take full advantage of it. With May the days in Foley are getting longer and warmer so be sure to take care in the heat. I hope you will take time to look over the calendar and find time to join us this month. The highlights are: On Tuesday, the 10th, Natosha Gallant with the Blake of Malbis, will be here to play BINGO with us at 2:00. On Tuesday, the 17th, we will have Movie Madness at 1:00. Do not forget we are now doing this at the library, the cost is 50 cents. Please call and reserve your place. On Friday, May 20th, we will have Lunch-N-Learn at 12:00. Jackie Woodward with Home Instead will be with us to discuss Mind Games-Things you can do to keep your mind sharp. The Sr. Center will have a soup and salad lunch for \$2.00, or you may brown bag, and we will provide drinks and desserts. Please sign up for this event in advance. Our BIG event this month is when we will, once again, celebrate each of you. Our community is blessed by our seniors. These individuals teach us lessons of the past, set an example for our younger generations, and demonstrate the generosity and love for which Americans are known. During Older Americans Month, we honor our older citizens, celebrate their many accomplishments, and learn from their experiences. We will officially honor you on May 24th at 9:00 am, at the Foley Civic Center, with our 5th annual breakfast. Please be sure to sign up or call and reserve your place for this wonderful time together. The Senior Center will be closed on Monday the 30th in observance of Memorial Day, and on Tuesday, the 31st will be Pot Luck, and the Senior Center will be grilling hamburgers. Please bring a dish to share and join us.

We hope to see you soon!

Teresa, Mike and Pam

MONDAYS - 9:30 Pinochle (bring a brown bag lunch); 11:07 Exercise with Dr. Sam, cost is \$1.00 for members & \$2.00 for non-members; 12:30-4:30 Duplicate Bridge; 1:30-4:00 Open Cards and Games

TUESDAYS - 2:00pm ChairYoga w/ Lorelea, \$1.00 for members & \$2.00 for non-members; Crochet 9:30 (1st & 2nd Tues); BINGO 2:00 (2nd Tues); Potluck 12:00 (Last Tues)

WEDNESDAYS -8:00 Open Jam; 12:00 Party Bridge; Line Dance 1:00pm with Marilyn; Blood Pressure Checks 1:30-2:30,

THURSDAYS -8:00 Yoga with Lorelea \$1.00 for members and \$2.00 for guests; 9:00 Senior Travelers (2nd & 4th Thursdays); 9:30 Pinochle (bring a brown bag lunch); 1:00-4:00 Open billiards.

FRIDAYS - 9:00 Senior T.O.P.S. meeting; 9:00 Intermediate Tai Chi \$1.00 members and \$2.00 guests, 10:00 Beginner Tai-Chi \$1.00 members and \$2.00 guests; 11:07 Exercise with Dr. Sam, cost is \$1.00 for members & \$2.00 for non-members.

SATURDAYS -Saturday Night Dance- Doors open at 6:00 and dance begins at 7:00. Music provided by various bands.

Cost is \$5 for Foley Senior Center Members and \$7 for non-members.

May's Birthdays-



Happy Birthday to you, Happy Birthday to you,

Happy Birthday Dear Friends, Happy Birthday to You!

Bobbie Andress, Carol Atwood, Fred Carson, Lynette Christensen, Pat colvert, Glenn DePorter, Lloyd Dillon, Kathie Farnell, Sylvia Fergus, Bill Freed, Jim Fuller, Cappi Fuqua, Kathleen Garren, Sidney Gillikin, Mary Gilmore, Harry Grander, Rosella Hanson, Francis Hocquard, Maurice Hocquard, Faye Jakins, Caterina Kentworthy, Rosemarie Kumpel, Theresa Light, Peggy Marsell, Elaine Mather, Terressa McPhail, Helen Mitchell, Richard Modica, Andrea Morgenstern, Liz Murphree, Jim Neil, Al Phillips, Betty Pierce, Anita Rich, Jan Roberts, Delores Ruch, Nancy Schmitt, Dick Spivey, James Sullivan, Ivan Sweeney, Linda Terault, Bettie Underwood, Sandra Vines, Julia Watts, Judith Wheeler, Hal White, Gladys Wilke, Betty Wisneski, Thad Wisneski, Warren Young.